

Bhai Dooj/Bhaiya Dooj

The last day of the Diwali celebrations is 'Bhai Dooj' or 'Bhaiya Dooj' which recognises the love between all brothers and sisters (and those like siblings).

About Bhai Dooj

'Bhai' means brother and 'Dooj' means the second day after the new moon. Bhai Dooj falls on the new moon night. After you have looked at Diwali with your children why not follow this up with a day to celebrate all sibling-like relationships?

Learning aims

- Understanding about the world around us
- Learning about new faiths and celebrations.



Activity Outline

- You may choose to start by telling your children the story of Bhaiya Dooj
- In this Hindi festival, boys celebrate their sisters and provide them with great gifts and presents. Why not create sibling cards for the children to celebrate their brothers and sisters? For those children without siblings, you can think about those people around you who are as close as brothers and sisters e.g. a best friend or cousin
- You could also try some different recipes to experience the festival in more depth. Why not invite local families in to help you cook and sample new foods?
- Use your loose parts to create Thali patterns as part of your celebrations.

Special considerations

- *Children with food allergies.*