

Keeping safe when out and about

Encourage children to develop the skills and knowledge required to keep themselves safe whilst out and about around busy roads.

Resources

- Chalk/masking tape
- Cardboard boxes
- Cardboard tubes/broom handles
- Buckets of sand
- Cars/bikes/scooters
- Hi-visibility vests
- Camera
- Clipboard.



Activity outline

Out in the community

- Take the children out into the community in their hi-visibility vests to look at the different traffic situations and crossings in your area
- Ensure you have risk assessed the area and have enough adults to keep the children safe, consider asking parents to help you with this
- Get the children to take pictures of the different crossings, e.g. zebra, pelican and the different traffic situations they see
- As you walk around, reinforce the road safety basics:
- Holding hands with an adult
- Making sure they can be seen on dark nights
- Crossing where possible at dedicated crossings
- Looking both ways and looking again before crossing
- Not running across the road.

Back in the setting

- Look at the photos and discuss
- The different traffic situations they saw
- How to stay safe with the different crossings
- The green cross code
- Make pedestrian crossings using cardboard boxes/tubes/broom handles (using buckets of sand to make them stand up outside), based on the photos the children have taken
- Mark out roads and paths with chalk or masking tape and place the crossings along the roads
- Encourage the children to take the place of pedestrians and drivers using cars, bikes and scooters
- Provide prompts to remind the children about crossing the road safely. Allow the children to practice and role play in their own way, playing alongside them e.g. 'forget' how to cross the road safely and ask the children to remind you
- Leave this area available for children to return to as they wish
- Make a display or book based on the photos of the outing and activity with the children to provide a reminder for their future learning.

Working with babies

It is important to teach children about road safety from a very young age, so when you are out and about in the pushchairs talk to the children about the different traffic, how to cross the road safely and role model this at all times.

When the older children have developed the outdoor road area, the younger children can also access this if they are mobile.