

Plan a picnic

Get children in your setting sharing an enjoyable and sociable experience outdoors in their bubble groups with this simple picnic activity.

Learning aims

- Building friendships
- Listening to each other
- Respecting each other's views
- Taking turns in conversation
- Thinking creatively and critically
- Keeping ourselves safe
- Problem-solving
- Consulting with children.



Resources

- Individual lunch boxes and water bottles or recyclable plates and cups
- Blankets to sit on (washed after use)
- Area for your picnic in your nursery garden (this can be indoors if space if outdoor space isn't available)
- Photos or pictures of picnics and eating outdoors.

Activity outline

- In bubble groups, ask the children if they have ever been on a picnic.
 - Encourage children to share their experiences with the group and how it made them feel e.g. happy, excited, fun
- Encourage the children to plan a picnic
 - Provide open-ended questions for the children to think about what they might need
 - Encourage the children to talk about their favourite food and think about healthy food such as fruit, salad and vegetables
- Help children to think about how they will transport their food outdoors, such as using lunchboxes
- Ask them to consider the weather. Is it hot and sunny? What if it rains? What sort of clothing would they need?
- Support the children to make their own food for their own lunchbox
- Remember to: consider sun safety if having the picnic in your garden, include the children in assessing risks and evaluating the experience after, ensure children only eat from their own lunchboxes and ensure you adhere to government coronavirus guidance at all times
- Most of all have fun enjoying your picnic!

Working with babies

Involve the younger children in choosing the food for the picnic by showing them pictures of different foods, encouraging them to point to their favourite or by using stickers.