

## Celebrate Rosh Hashanah and reinforce the 'golden rules' of your setting

Rosh Hashanah is the Jewish New Year festival. It lasts two days and starts at sundown.

### About Rosh Hashanah

Jewish people commemorate the creation of the world and the festival focuses on thinking, praying and hoping for all things good in the coming year. It's a chance for Jewish people to ask questions about their actions throughout the year and hope for the next year to be happy.

People who celebrate the festival eat apples dipped in honey to signify the hope of a sweet good year in all they do. They also blow a Shofar, a ram's horn trumpet to 'wake up' and remind them to be kind, caring and gentle to others.



### Rosh Hashanah in your setting

- Talk to the children about how to make their nursery a happy place, you could write their ideas on large paper
- Use the children's ideas to create a visual prompt with images and words to display e.g. we take turns, we walk inside, we use quiet voices
- Finish the activity with a picnic of apples and bread dipped in honey
- Remind the children daily of the 'Golden Rules'. It is also important for practitioners to consistently use the same language.

### Resources

NDNA's Golden Rules box set of stories, for babies and young children, are ideal to use in your setting to reinforce positive behaviour and the boundaries you set and agree with the children.

The books can be used by nursery practitioners and parents to promote children's personal, social and emotional development. They will also support communication, language and early literacy skills around reading.

Children will begin to recognise the animals in the stories and will begin to adopt the rules and learn to love them.