

Go car free for a day

Reduce the impact fuel has on our environment by walking or cycling for the day!

Learning aims

- To learn how cars, impact our environment
- To get more active.

Resources

- Art materials
- A large piece of paper
- Photos of feet, scooters, buses, bikes, trains etc.



Activity Outline

- Firstly, choose a day that you want to go car free at your nursery
- Create posters to let parents know that you are going car free along with the date you have selected
- The children will be able to help you with this, but first you need to tell them the reasons behind the day and why you are doing this
- Talk about how busy roads are and how exhaust fumes can affect our breathing, the plants in our community and the wildlife too
- It also has an impact on our planet as we use fossil fuels to fuel our cars. See if you can find out about fossil fuels on the internet; this is very engaging for those children who like dinosaurs!
- Now you have created your posters, let your parents know via letters, emails, word of mouth and social media what you are doing, why and how you need their help
- Offer alternatives for the children and parents if a full journey is impractical, e.g. even if it means parking in the nearby car park and walking from there it will still have a small impact
- On the day of going car free, ask the children when they arrive at nursery how they travelled here and mark them down. Now you can do a tally chart or a graph with the children
- For the younger children, you could use pictures so they can pick out how they arrived at nursery, the older children can use these to make a bar graph to show their results
- Don't forget to support those children who may have come by car because their parents forgot, had to go to work straight from dropping them off, some may feel bad, left out or even feel like they have failed.

Special considerations

- *Why not create a tally chart or graph when you first start to plan the day to see how the children currently get to nursery?*
- *Then you can compare this to the chart or graph on no car day and see the difference*
- *This is a great maths activity, but the children will also be able to see the impact the day has had on their journeys and the environment.*