

Hammering with melons

This exciting hammering with melons activity helps to strengthen the small muscles in the hand, which are essential for future writing skills.

Learning aims

- Develop motor skills for writing
- Physical skills for Writing
- Use tools safely.

Resources

- A large sized melon
- A selection of golf tees
- Hammers
- A tray or chopping board to place the melon on
- Container for your golf tees.



Activity Outline

- Cut each melon in half and give one half to each child
- Ask them to place it on their board, flesh side down
- Put the golf tees in a container alongside the hammer
- Support children to hold the golf tee and carefully tap the golf tee into the melon
- For differentiation use different types and sizes of melons or different food e.g. pumpkins.

Special considerations

Ensure you demonstrate how to use the tools correctly and support children to use them safely. Also, take into account food allergies.