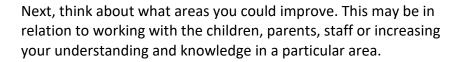


New Year's Resolutions

Celebrating a New Year is a great opportunity to set some personal professional goals.

Start by reflecting on your practise over the last 12 months, what went well:

- Did you achieve anything specific? E.g. Developing an area or project, gaining a qualification or a promotion etc.
- Was there any new learning that you put into practise and have seen a positive impact on the children and families you work with?
- How have you developed your confidence in your role?





Now set yourself some personal professional goals:

- Write these down, a good place to keep them is in a personal development log/reflective learning diary.
- Talk to your colleagues about your own goals and encourage them to do the same, you might like to discuss this in your first staff meeting of the year.
- Share your goals with your management and most importantly of all put into action what you have resolved to do!